

# EMERGENCY ACTION PLANS

## Emergency Dismount

An Emergency Dismount is a safe and effective way to get a participant out of the saddle and onto the ground quickly (ie seizure, inappropriate behaviours, horse spook).

If an instructor in any mounted lesson deems it necessary to do an emergency dismount of the participant, directives are as follows:

- **Only the Instructor will call out “Emergency Dismount” & proceed with the physical contact to remove the participant from the saddle.**
- If you are the horse leader for whom an Emergency Dismount has been called then proceed to make your horse walk on until the emergency dismount is completed. Wait for further directives.
- If you are a sidewalker of a participant for whom an Emergency Dismount has been called, follow the directives of the instructor.
  - **If the rider has stirrups they are to be removed right away.**
  - One of the sidewalkers takes the initiative to wrap around the waist of the participant and slide them (not lift them) out of the saddle while moving their feet backwards.
  - If time allows, the instructor may choose to move into your place to proceed with removing the participant.
- If you are leading or sidewalking for another participant in the arena, position yourself at a halt and distanced from the other horse/participant in question.
- For any volunteer involved in a lesson during an Emergency Dismount, it is important to remain very quiet and calm so that you can hear the instructor’s directives and ensure all participants are kept in a calm environment.

## Seizure

If a seizure occurs, the Instructor is always in charge. In all cases below, emergency contacts will be notified and potentially a call to 911.

Mounted Rider:

- At the onset of a seizure, the instructor may perform an Emergency Dismount, immediately laying the participant down on ground. Horse leader to move the horse away to provide a safe environment around the participant. Sidewalkers to wait for further instructions from the instructor. If time or condition doesn’t warrant a full dismount (ie absence seizure), the instructor may decide to keep the participant on the horse. Horse leader is to halt the horse and remain focused on control of the horse. Sidewalkers to remain as close as possible to the participant and await further instructions.

Unmounted activities:

- At the onset of a seizure, the instructor will try to help the individual to lay them down gently in a safe open space free of obstacles. Do not restrain. Goal is to keep them from injuring themselves. If you are a leader or a sidewalker, follow directives from the instructor.

## Fire

If you are asked to call 911, our address is 545747 Sideroad 4A, Markdale ON, our phone number is : (519) 986-1247

If the fire occurs in the **lesson barn or arena**, the Instructor is always in charge & will:

- Halt lesson
- Assign a bystander to call 911 and to inform the office of fire - bystander to then go immediately to the participant parking area.
- Dismount participant and escort participant and guardian to participant parking lot.
- Assign individual to wait for EMS by the road and ensure there are no obstructions.
- Take head count once in parking lot

Leaders will:

- Take the horse outside, release it in any safe paddock and then go immediately to the participant parking lot.

If the fire is in the **office building**, a staff member will

- Call 911 and proceed to the arena barn and bank barn to inform all parties to proceed with the fire emergency plan as above.
- Staff member will wait for EMS by the road and ensures there are no obstructions.

If the fire occurs in the **bank barn**:

- The first individual to detect fire will call 911 (or have a bystander call) and then will go immediately to the arena barn and then office building to inform parties to proceed with the fire emergency plan as above.
- Staff member or designated individual will wait for EMS at road and ensure there are no obstructions.

Once in the parking lot, no one is to return to the barns or buildings.

## Health Emergency

If you are asked to call 911, our address is 545747 Sideroad 4A, Markdale ON, our phone number is : (519) 986-1247

If emergency occurs **during a lesson**, the Instructor is always in charge and will:

- Halt lesson and secure the area - protect fallen participant and others from further harm (catch loose horse, make sure other horses are moved away from participant, protect participant from elements if outside, do not move participant).
- If gloves or face shield is required (ie. a person is bleeding, has become ill, vomiting, choking or other close contact with face area), retrieve from First Aid Kit or ask bystander to retrieve.
- Assign a bystander to call 911 if necessary and report back.
- Stay with the participant until EMS arrives.

## Health Emergency (cont.)

Leaders will:

- Stay with the horse and await further instructions.

Sidewalkers will:

- Stay with the participant and await further instructions.

For all **other emergencies on premises**, staff or volunteer will:

- Use cell phone or have bystander call 911 if deemed necessary.
- Approach the injured party once mask and gloves (if touching) have been applied.
- Have bystander inform the office of the incident and then wait at the road for EMS to arrive ensuring the pathway is clear of obstacles.
- Stay with the injured party until EMS arrives.

## Storm/Tornado

If a storm or tornado occurs during a lesson, the instructor is always in charge and will:

- Halt lesson and dismount participants.
- Escort participants, their guardians and sidewalkers to the Bank Barn's storm location.
- Take head count of volunteers and participants.

Leaders will:

- Take horse into a Bank Barn stall fully tacked
- Proceed to Bank Barn's storm location

Office Staff will:

- Make sure all individuals on site are out of buildings and open areas and have made it to the Bank Barn's storm location.